

REMINDER TO PILGRIMS AND WALKERS

The Via Mariana Luso-Galaica is a set of old Pilgrimage Trails recently promoted by the Associação da Via Mariana and is currently in implementation phase:

- The land it courses is of great Landscape and Patrimonial richness, but it is under a process of desertification due to lack of economic resources. In this phase it is difficult to find any type of assistance in some portions of the way, so you should always bring a mobile phone.
- Hostels are very scarce, usually being necessary to resort to private, turistic hostels. It is necessary to book in advance a place to stay, as well as have an emergency contact for aid in case of any troubles.
In our site you will find a list of the establishments that have adhered to supporting pilgrims ou that offer any type of advantage to pilgrims. You will also find contacts of the volunteers in the area, for information and aid.
- There is a high level of difficulty in some routes, reaching up to 700 to 1200m of altitude in the paths leading up to Santuário de A Franqueira e Peneda. We advise to not walk these trails with snow.
- Signaling is currently under implementation, but it is already available in some trails, however it is dependent on the commitment of the different local administrations.
 - Pilgrims should always bring the Guide printed, or in pdf format on their mobile phone.
 - If necessary you should use a GPS.
 - In our site you can find maps in pdf and tracks. So that you don't get lost we have the track for each stage of the trail available. Once loaded into your GPS or mobile phone you can use it as a guide for your journey.
 - Certain app available, such as *wikiloc* or *maps.me*, allow for use without need for mobile data or network.
- By means of a small donation, that will allows to grow the infrastructures available in the Way, you will receive a personalized credential which will allow you to:
 - Stamp your way through each of the stages electronically.
 - Publish your photos and experiences in a closed Facebook group "Romeros de la Via Mariana"
 - Receive a certificate of pilgrimage at the end of your Way.
- You will also have access to printed guides, badges, identifiers and souvenirs from the sanctuaries that you will visit.